

# SIIMC 2026

## SAKINA INTEGRATED MENTAL HEALTH CONFERENCE

From Insight to Impact - Driving the Future of Mental Health  
Formerly known as  
Abu Dhabi Integrated Mental Health Conference

06-07

FEBRUARY 2026

CONRAD  
ETIHAD TOWERS  
ABU DHABI, UAE

## AGENDA



08:30 - 09:00 AM

REGISTRATION

## HALL A+B+C: MORNING SESSION

TIME	TOPIC	SPEAKERS
09:00 - 09:05 AM	Conference Opening	Dr. Nahida Ahmed, Dr. Samer Makhoul Chairs of the Conference
09:05 - 09:15 AM	Partnering Towards Advancing Mental Health Care in the UAE	Pedro Matos Rosa Executive Committee Member, PHARMAG Managing Director, Johnson & Johnson Innovative Medicines Gulf
09:15 - 10:00 AM	Panel 1: Beyond Treatment – Building Resilient Communities from Lived Experience to Leadership Moderated by Dr. Fatema Al Mansouri	Adel Al Falasi Salama Al Bloushi Farah Al Qaissieh Abdul-Aziz Al Anoohi Thamir Al Naqbi

10:00 - 10:15 AM

BREAK

## HALL A+B+C: OPENING CEREMONY

TIME	TOPIC	SPEAKERS
10:15 - 10:20 AM	SEHA Promotional Video	
10:20 - 10:25 AM	Welcome Message	Dr. Zain Ali Al Yafei - CEO, SAKINA
10:25 - 10:30 AM	SAKINA Promotional Video	
10:30 - 10:40 AM	Opening Message	Sheikha Hamda Bint Khalifa Al Nahyan Ambassador for Strategic Initiatives, SAKINA
10:40 - 11:30 AM	Panel 2: Shaping the Future of Mental Health – From Policy to Practice. Moderated by Scott Armstrong	Sheikha Hamda Bint Khalifa Al Nahyan Ambassador for Strategic Initiatives, SAKINA H.E. Maqsood Kruse - Envoy of the Minister of Foreign Affairs for Countering Extremism & Terrorism H.E., Salama Al Ameemi Director General, Family Care Authority Dr. Zain Ali Al Yafei CEO, SAKINA
11:30 - 11:45 AM	Keynote	H.E. Maqsood Kruse Envoy of the Minister of Foreign Affairs for Countering Extremism & Terrorism
11:45 - 11:55 PM	SAKINA: Transforming Mental Health from Vision to Reality	Dr. Nahida Nayaz Ahmed - CMO, SAKINA
11:55 - 12:00 pm	The Power of Preventative Care	Khaled Ateeq Aldhaheri - CEO, Daman
12:00 - 12:05 pm	Mental Health and Wellbeing Initiatives Under Abu Dhabi Youth Council	Saif Mohammed Al Mansouri - Chairman, Abu Dhabi Youth Council
12:05 - 01:45 PM	LUNCH & PRAYER	

## HALL A+B | TRACK 1:TRENDING TOPICS IN PSYCHIATRY

## HALL C | TRACK 2: PERSPECTIVES IN MENTAL HEALTH

HALL A+B   TRACK 1:TRENDING TOPICS IN PSYCHIATRY			HALL C   TRACK 2: PERSPECTIVES IN MENTAL HEALTH		
EMCEE: Asma AlHadhrani			EMCEE: Fatima AlQubati		
TIME	TOPIC	SPEAKERS	TIME	TOPIC	SPEAKERS
01:45 PM - 02:30 PM	Panel 3: Advances in Neuromodulation: the Expansion of Clinical Applications of TMS Moderated by: Dr. Madeeha Shammas Rahim Rasool & Dr. Fahad Ahmed Khan	Dr. Kevin T. Murphy, Prof. Milos Ljubisavljevic, Eng. Maitha Musabeh Ali Khalifa Alghfeli	01:45 PM - 02:30 PM	Panel 4: The Human Side of AI and Technology: Ethics, and Empathy in Mental Health Moderated by: Dr. Faisal Nawaz	Dr. Mohammed Kuhail, Dr. Leigh Powell, Daria Radant, Dr. Dymitr Ruta
02:30 PM - 03:15 PM	Panel 5: Dementia at the crossroads: Emerging Challenges, Systemic Solutions and the Public Health Imperative Sponsored by: Lilly Moderated by: Dr. Nasir Al Zbeidi	H.E. Dr. Omniyat AlHajeri, Dr. Nahida Ahmed, Dr. Shweta Narang	02:30 PM - 03:15 PM	Panel 6: Beyond Screenetime: Technology Misuse and its growing impact on Mental Health & Society Moderated by Dr. Yufei Gu	Prof. Justin Thomas, Prof. Antje Von Suchodolcz, Salwa Saeed Ali Al Saedi, Prof. Immanuel Azad

03:15 - 03:30 PM

COFFEE BREAK

03:30 PM - 04:05 PM	Psychedelic Therapy in Psychiatry - Current Status, Possible Mechanisms and Future Directions	Dr. David Erritzoe	03:30 PM - 04:05 PM	Culturally responsive EMDR: Incorporating Islamic beliefs	Haneen Shalash Hanna Barakat
04:05 PM - 04:40 PM	Lifestyle Medicine in Psychiatry	Dr. Mariam AlAli	04:05 PM - 04:40 PM	Integrating Spirituality in Clinical Mental Health Practice	Dr. Khalid Elzamzamy
04:40 PM - 05:15 PM	Somatic Treatment in Psychiatry: Bridging ECT, rTMS and VNS	Dr. Walid Nasr	04:40 PM - 05:15 PM	Cultural Aspects of Major Depressive Disorder	Dr. Dina Aly

05:15 - 05:30 PM

Q &amp; A

05:30 - 05:45 PM

Prize Distribution for Top 3 Posters &amp; Art Exhibits

Chairs of the Conference

05:45 - 06:00 PM

Closing Remarks

Chairs of the Conference

# SIMC 2026

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