

4TH ADIMH
CONFERENCE 2024
ABU DHABI INTEGRATED MENTAL HEALTH CONFERENCE

HARMONIZING MINDS
BRIDGING GAPS,
BREAKING BARRIERS

27-28 January 2024 | InterContinental, Abu Dhabi, UAE

SCIENTIFIC AGENDA



ORGANIZED BY:

MANAGED BY:





DAY 1 | Saturday, 27 January 2024

HALL 1 | CONFERENCE OPENING SESSION

MASTERS OF CEREMONY:
 Dr. Nasir Alzbeidi & Dr. Safana AlFardan

Time	Topic	Speaker
8:30 - 9:00	Registration	
9:00 - 9:05	Welcome Message	Dr. Zain Al Yafei
9:05 - 9:10	Conference Opening	Dr. Nahida Nayaz Ahmed Dr. Samer Makhoul
9:10 - 9:15	National Anthem	
9:15 - 9:25	Opening Message	H.E. Dr. Noura Khamis Al Ghaithi
9:25 - 9:35	Lived Experience Journey	Mr. Adel Bin Hdaya AlFalasi
9:35 - 9:50	SEHA Mental Health & Wellbeing Services - Strategy	Dr. Zain Al Yafei Dr. Nahida Nayaz Ahmed
9:50 - 10:10	Keynote	H.E. Maqsoud Kruse
10:10 - 10:25	Coffee Break	

COMMON TRACK : INTERSECTIONS OF MENTAL HEALTH

MODERATOR: Ms. Neha Qazi

10:25 - 10:45	Pure Health's Vision of Longevity	Mr. Shannon Neilsen
10:45 - 11:30	Intiatives and Achievements Under the Mental Health Model of Care	Moderator: Dr. Khaled Kadry Panelists: Dr. Shamma AlMheiri H.E. Asma AlAzri Dr. Cairo Arafat
11:30 - 12:00	The Future of Integrated Mental Health in England	Prof. Tim Kendall
12:00 - 12:30	Integrated Model in Boston	Dr. Kirsten Meisinger
12:30 - 13:00	Pannel Discussion: SPRAVATO Cases from UAE Market Experience	Dr. Samer Makhoul Dr. Idris Aly Dr. Nesrin Saadouny
13:00 - 13:45	Lunch	



DAY 1 | Saturday, 27 January 2024

**HALL 1 | TRACK 1 : MENTAL HEALTH INTEGRATION
 ACROSS DISCIPLINES**

MODERATORS: Dr. Kheirat Habbal
 Dr. Rasha Abbas

13:45 - 14:15	Integrating Principles of CBT in the Workplace	Dr. Naif AlMutawa
14:15 - 14:45	Chrononutrition (Sleep and Feeding)	Dr. Farid Talih
14:45 - 15:15	Assessment and Management of Common Mental Health Disorders in Primary Care	Dr. Andrea Fiorillo
15:15 - 15:45	New Approaches in Dementia Care	Dr. Sonya Miller
15:45 - 16:00	Coffee Break	
16:00 - 16:30	Dermatology & Psych	Dr. Dimitrov Dimitre
16:30 - 17:00	Adult ADHD for Primary Care Providers	Dr. Bassem Badr
17:00 - 17:30	Integration of Maternity and Mental Health Services	Dr. Giles Berrisford
17:30 - 17:45	Question & Answer	
17:45 - 18:00	Closing	

**HALL 2 | TRACK 2 : CHILD PSYCHIATRY &
 YOUTH MENTAL HEALTH**

MODERATORS: Dr. Waleed Ahmed
 Dr. Emad Farrag

13:45 - 14:30	Children Mental Health Guide	Dr. Cairo Arafat
14:30 - 14:45	People of Determination	Ms. Andrea Khayat
14:45 - 15:15	The Inclusion Revolution	Dr. Khaled Kadry
15:15 - 15:45	Collaborative Mental Health Care in Pediatric Primary Care: Experiences from the UAE	Dr. Meshal Sultan
15:45 - 16:00	Coffee Break	
16:00 - 16:30	An Introduction to Dialectical Behavior Therapy for Adolescents – Adaptations and Modifications from Standard DBT	Dr. Arlene Cooke
16:30 - 17:00	Mental Health in Primary Care: A UK Perspective	Dr. Kallur Suresh
17:00 - 17:30	Autism Spectrum Disorder: An Update	Prof. Muhammad Waqar Azeem
17:30 - 17:45	Question & Answer	
17:45 - 18:00	Closing	



DAY 1 | Saturday, 27 January 2024

HALL 3 | ART & POSTER DISPLAY HALL

MODERATOR: Ms. Neha Qazi

Time	Topic	
14:00 – 16:00	Art Therapy Tool As Psychological Trauma Relief	Dr. Manal Elewah
16:00 – 16:30	Introduction to Art Coaching	Dr. Lamees Ebrahim Mussa Abuhlaiqa





DAY 2 | Sunday, 28 January 2024

HALL 1 | TRACK 3 : TECHNOLOGY & MENTAL HEALTH SERVICES

MODERATORS: Prof. Herbert Jelinek
 Dr. Saad Omar Alkhanbashi

Time	Topic	Speaker
8:30 - 9:00	Registration	
9:00 - 9:30	Digital Integration In Dementia Care	Prof. Bjoern Schelter
9:30 - 10:00	AI as Physician Assistant	Dr. Basmaa Ali
10:00 - 10:30	Cyber Psychopathology and Digital Wellbeing: The Emerging Health Implications of Digital Technology	Dr. Justin Thomas
10:30 - 10:45	Question & Answer	
10:45 - 11:00	Coffee Break	

HALL 2 | TRACK 4 : PSYCHOSOCIAL INTEGRATION

MODERATORS: Dr. Fahad Ahmed Khan
 Prof. Ayman Karam Guirguis

8:30 - 9:00	Registration	
9:00 - 9:30	Role of Nursing at the Frontline for Prevention, Detection & Intervention.	Dr. Amy Lee
9:30 - 10:00	Case Discussions: Psychosomatic/ Conversion Disorders in Women with Abuse and Untreated Mental Illnesses	Dr. Ahmed Shatila
10:00 - 10:30	Trauma and Primary Care	Dr. Elizabeth Ann Davis
10:30 - 10:45	Ewaā Awareness Model: Leaving No One Behind	Dr. Amina Bin Hammad
10:45 - 11:00	Coffee Break	



DAY 2 | Sunday, 28 January 2024

HALL 1 | TRACK 5 : PANEL DISCUSSIONS

MODERATORS: Dr. Aisha Mohamed Al Dhufairi

11:00 - 11:30	Unmet needs in Schizophrenia		Dr. Bassam Dheyaa
11:30 - 12:30	Mental Health in Conflict Zones	Moderator: Dr. Joseph El-Khoury	Panelists: Dr. Denis Ougrin Dr. Hawk Khair Dr. Samah Jabr Dr. Azhar Abu Ali Dr. Audrey McMahon
12:30 - 13:30	The Global Digital Wellbeing Index: Making and Measuring Progress	Moderator: Prof. Tai Broach	Panelists: Mr. Mahmood Mamunur Rashid Mr. Fahad Al Beyahi Mr. Justin Thomas
13:30 - 14:30	Lunch Break		

HALL 2 | TRACK 6 : EVOLUTION OF TREATMENT IN MENTAL HEALTH

MODERATORS: Prof. Medhat ElSabbahy
 Prof. George Tadros

11:00 - 11:30	Overview of TMS and Findings from BRIGHTMIND: The Largest Randomised TMS Study in the UK		Dr. Mohamed Abdelghani
11:30 - 12:00	Psychiatry as a Branch of Medicine - Reality & Challenges		Prof. Talat Matar
12:00 - 12:30	An FDA-Designated Breakthrough Therapy for PTSD: MDMA-Assisted Therapy Phase 3 Data		Dr. Rick Doblin
12:30 - 13:00	Psychiatric Formulation According to the Biopsychosocial Model		Dr. Andrea Fiorillo
13:00 - 13:15	Question & Answer		
13:15 - 14:30	Lunch Break		



DAY 2 | Sunday, 28 January 2024

HALL 1 | TRACK 5 : PANEL DISCUSSIONS

MODERATOR: Dr. Vedrana Mladina

14:30 - 15:30	The Global Rollout of Psychedelic Assisted Therapy: Latest Research, Challenges, and Hopes	Moderator: Dr. Ahmed Shatila	Panelists: Dr. Rick Doblin Dr. Rasheed AlHammad Ms. Maria Velkova Ms. Sherry R
15:30 - 15:45	Coffee Break		
15:45 - 16:45	Role of Digital Platforms in Mental Health	Moderator: Dr. Faisal Ahmed Nawaz	Panelists: Embrace Mr. Fares Ghandour Dr. Fiona Desira Ms. Sophia Parvizi Wayne
16:45 - 17:30	Organizational Psychology	Moderator: Dr. Tai Broach	Speaker: Dr. Naif AlMutawwa
17:30 - 17:45	Closing		

AUDITORIUM | TRACK 7 : ADDICTION TREATMENT UPDATES - NRC

**MODERATORS: Dr. Samya Almamari
 Dr Muez Siddig**

14:30 - 15:05	The Great Cannabis Debate		Dr. Ahmed Yousif
15:05 - 15:40	The Link between Substance Use and Psychosis		Dr. Mohamed Hashad
15:40 - 15:55	Coffee Break		
15:55 - 16:30	Internet Addiction and Gaming Disorders		Dr. Michael Yousef
16:30 - 17:00	Case Discussion: Schema Therapy for Sex Addiction		Dr. Ahmed Mahmoud
17:00 - 17:15	Question & Answer		
17:15 - 17:30	Closing		

PARALLEL WORKSHOPS

HALL 2A | WORKSHOP 1:
 Trauma and Interpersonal
 Violence/ EWAA

MODERATOR:
 Ms. Susan Patridge

14:30 - 15:45

Dr. Amy Lee

HALL 2B | WORKSHOP 2:
 Integrated Mental Health and Primary
 Care Models: A Tale of Three Journeys

MODERATOR:
 Dr. Latifa AlKetbi

14:30 - 15:45

Dr. Kirsten Meisinger
 Dr. Elizabeth A. Davis

15:45 - 16:00 Coffee Break

HALL 2A | WORKSHOP 3:
 Care Givers/ Parents Education
 (Autism and Neurodisability)

MODERATORS:
 Dr. Salwa Salem
 Khalaf Al Hosani

16:00 - 17:15

Dr. Fatima AlMansouri

HALL 2B | WORKSHOP 4:
 Bill Yule Recovery Techniques

MODERATOR:
 Dr. Hawraa Sajwani

16:00 - 17:15

Dr. Denis Ougrin
 Ms. Anna Tarsenko

17:15 - 17:30 Closing

4TH ADIMH CONFERENCE 2024

ABU DHABI INTEGRATED MENTAL HEALTH CONFERENCE

HARMONIZING MINDS
BRIDGING GAPS,
BREAKING BARRIERS



REGISTER
NOW

<https://imh-uae.com>

ORGANIZED BY:



MANAGED BY:



+971 52 623 6397

events@mco.ae