



**4<sup>TH</sup> ADIMH**  
CONFERENCE 2024  
ABU DHABI INTEGRATED MENTAL HEALTH CONFERENCE

**SEHA**  **صحة**  
Abu Dhabi Health Services Company شركة أبوظبي للخدمات الصحية

**PUREHEALTH** 

# 4<sup>th</sup> Abu Dhabi Integrated Mental Health Conference

**Harmonizing Minds:** Bridging Gaps, Breaking Barriers

**Agenda**



**27-28**  
January 2024



**Intercontinental Hotel,**  
Abu Dhabi, UAE.



**DAY 1 - Saturday, 27 January 2024**

**8:30 - 18:00**

**Hall 1: Conference Opening Session**

**Masters Of Ceremony:**  
**Dr. Nasir Alzbeidi & Dr. Safana Alfardan**

Time	Topic	Speaker
8:30 - 9:00	Registration	
	<b>9:00 to 9:05 - National Anthem</b>	
9:05 - 9:10	Welcome Message	<b>Dr. Zain AlYafei</b> CEO - SEHA Mental Health & Wellbeing Services
9:10 - 9:20	Opening Message	<b>H.E. Dr. Noura Khamis Al Ghaithi</b> Undersecretary of Department of Health Abu Dhabi
9:20 - 9:25	Conference Opening: Chairs of Conference	<b>Dr. Nahida Nayaz Ahmed</b> <b>Dr. Samer Makhoul</b>
9:25 - 9:35	Pure Health's Vision	<b>H.E. Rashed Saif AlQubaisi</b>
9:35 - 9:50	SEHA Mental Health & Wellbeing Vision	<b>Dr. Nahida Nayaz Ahmed</b> CMO - SEHA Mental Health & Wellbeing Services
9:50 - 10:10	Keynote: "The Future of Mental Healthcare in the UAE"	<b>H.E. Maqsoud Kruse</b>
	<b>10:10 to 10:25 - Coffee Break</b>	

**Hall 1: Common Track: Intersections of Mental Health**

**Moderator: Neha Qazi**

Time	Topic	Speaker
10:25 - 10:45	Pure Health's vision of Longevity	<b>Mr. Shannon Neilsen</b>
10:45 - 10:50	Lived Experience Journey	<b>Mr. Adel Bin Hdaya AlFalasi</b>
10:50 - 11:30	Initiatives and Achievements under the Mental Health Model of Care	<b>Moderator: Dr. Khaled Kadry</b>  <b>Panelists:</b> <b>H.E. Alyaa AUasmi- FCA</b> <b>Dr. Cairo Arafat- ECA</b>
11:30 - 12:00	The Future of integrated Mental health in England	<b>Prof. Tim Kendall</b>
12:00 - 12:30	Integrated Model in Boston	<b>Dr. Kisten Meisinger</b>
12:30 - 13:00	Pannel discussion: SPRAVATO Cases from UAE market experience	<b>Dr. Samer Makhoul</b> <b>Dr. Idris Aly</b> <b>Dr. Nesrin Saadouny</b>
	<b>13:00 to 13:45 - Lunch Break</b>	



**DAY 1 - Saturday, 27 January 2024**

**8:30 - 18:00**

**Hall 1 - Track 1:**  
Mental Health Integration Across Disciplines

**Moderators:**  
**Dr. Kheirat Habbal & Dr. Rasha Abbas**

Time	Topic	Speaker
13:45 - 14:15	Integrating principles of CBT in the workplace	Dr. Naif AlMutawa
14:15 - 14:45	Trauma and Primary Care	Dr. Elizabeth Ann Davis
14:45 - 15:15	Assessment and Management of common mental health Disorders in Primary Care	Dr. Andrea Fiorillo
15:15 - 15:45	New approaches in Dementia Care	Dr. Sonya Miller
15:45 to 16:00 - Coffee Break		
16:00 - 16:30	Dermatology & Psych	Dr. Dimitrov Dimitre
16:30 - 17:00	Adult ADHD for Primary Care Providers	Dr. Bassem Badr
17:00 - 17:30	Mental Health in Primary Care: A UK Perspective	Dr. Kallur Suresh
17:30 to 17:45 - Question & Answer		
17:45 to 18:00 - Closing		

**Hall 2: Track 2:** Child Psychiatry & Youth Mental Health

**Moderators:**  
**Dr. Waleed Ahmed & Dr. Emad Farrag**

Time	Topic	Speaker
14:00 - 14:30	Children Mental Health Guide	Dr. Cairo Arafat
14:30 - 14:45	People of Determination	Ms. Andrea Khayat
14:45 - 15:15	The Inclusion Revolution	Dr. Khaled Kadry
15:15 - 15:45	Collaborative Mental Health Care in Pediatric Primary Care: Experiences from the UAE	Dr. Meshal Sultan
15:45 to 16:00 - Coffee Break		
16:00 - 16:30	An Introduction to Dialectical Behavior Therapy for Adolescents – Adaptations and Modifications from Standard DBT	Dr. Arlene Cooke
16:30 - 17:00	KU Presentation	Dr. Kheirat Habbal
17:00 to 17:15 - Question & Answer		
17:15 to 17:30 - Closing		



DAY 1 - Saturday, 27 January 2024

🕒 8:30 - 18:00

Hall 3 -  
Art & Poster Display

Moderator:  
Neha Qazi

Time	Topic	Speaker
14:00 - 16:00	Art Therapy Tool As Psychological Trauma Relief	Dr. Manal Elewah
16:00 - 16:30	Introduction to art coaching	Dr. Lamees Ebrahim Mussa Abuhlaiqa



**DAY 2 - Sunday, 28 January 2024**

**8:30 - 17:45**

**Hall 1 - Track 3:**  
 Technology & Mental Health Services

**Moderator:**  
**Prof. Herbert Jelinek**

Time	Topic	Speaker
8:30 - 9:00	Registration	
9:00 - 9:30	Digital integration in Dementia care	<b>Prof. Bjoern Schelter</b>
9:30 - 10:00	AI as Physician Assistant	<b>Dr. Basmaa Ali</b>
10:00 - 10:30	Cyber Psychopathology and Digital Wellbeing: The emerging health implications of digital technology	<b>Dr. Justin Thomas</b>
10:30 to 10:45 - Question & Answer		
10:45 to 11:00 - Coffee Break		

**Hall 2 - Track 4:**  
 Psychosocial Integration

**Moderators:**  
**Dr Rasha Abbas & Prof. Ayman Karam Guirguis**

Time	Topic	Speaker
8:30 - 9:00	Registration	
9:00 - 9:30	Role of Nursing at the Frontline for Prevention, Detection & Intervention	<b>Dr. Amy Lee</b>
9:30 - 10:00	Case discussions: Psychosomatic/ Conversion disorders in Women with abuse and untreated Mental Illnesses	<b>Dr. Ahmed Shatila</b>
10:00 - 10:30	Ewaa Awareness Model: Leaving No One Behind	<b>Dr. Amina Bin Hammad - Ewaa</b>
10:30 to 10:45 - Question & Answer		
10:45 to 11:00 - Coffee Break		



DAY 2 - Sunday, 28 January 2024

🕒 8:30 - 17:45

Hall 1 - Track 5:  
Panel Discussions

Moderators:  
Dr. Aisha Mohamed Al Dhufairi

Time	Topic	Speaker
11:00 - 11:30	Unmet needs in Schizophrenia	Dr. Bassam Dheyaa
11:30 - 12:30	Mental Health in Conflict Zones	Moderator: Dr. Joseph El-Khoury  Panelists: Dr. Dennis Ougrin, Dr. Hawk Khair, Dr. Samah Jabr, Dr. Azhar AbuAli, Dr. Audrey McMahon
12:30 - 13:30	The Global Digital Wellbeing Index: Making and Measuring Progress	Moderator: Prof. Tai Borach  Panelists: Mr. Mahmood Mamunur Rashid, Mr.Fahad Beyahi, Dr. Justin Thomas
13:30 to 14:30 - Lunch Break		

Hall 1 - Track 5:  
Panel Discussions

Moderators:  
Dr. Vedrana Mladina

Time	Topic	Speaker
14:30 - 15:30	The Global Rollout of Psychedelic Assisted Therapy: Latest Research, Challenges, and Hopes	Moderator: Dr. Ahmed Shatila  Panelists: Dr. Rick Doblin, Dr. Rasheed AlHammadi, Ms. Maria Velkova, Ms. Sherry R
15:30 to 15:45 - Coffee Break		
15:45 - 16:45	Role of Digital Platforms in Mental Health	Moderator: Dr. Faisal Ahmed Nawaz  Panelists: Ms.Mia Atoui, Mr. Fares Ghandour, Dr. Fiona Desira, Ms. Sophia Parvizi Wayne
16:45 - 17:30	Organizational Psychology	Moderator: Dr. Tai Broach  Speaker: Dr. Naif AlMutawwa
17:30 to 17:45 - Closing		



**DAY 2 - Sunday, 28 January 2024**

**8:30 - 17:45**

**Hall 2 - Track 6:**  
Evolution of Treatment in Mental Health

**Moderators:**  
**Dr. Medhat ElSabbahy & Prof. George Tadros**

Time	Topic	Speaker
11:00 - 11:30	Overview of TMS and Findings from BRIGH-T-MIND: The Largest Randomised TMS Study in the UK	Dr. Mohamed Abdelghani
11:30 - 12:00	Psychiatry as a branch of medicine - Reality & challenges	Prof. Talat Matar
12:00 - 12:30	An FDA-designated Breakthrough Therapy for PTSD: MDMA-assisted therapy Phase 3 data	Dr. Rick Doblin
12:30 - 13:00	Psychiatric Formulation according to the Biopsychosocial Model	Dr. Andrea Fiorillo
13:00 to 13:15 - Question & Answer		
13:30 to 14:30 - Lunch Break		

**Auditorium - Track 7:**  
Addiction Treatment Updates - NRC

**Moderators:**  
**Dr. Samya Almamari & Dr. Muez Siddig**

Time	Topic	Speaker
14:30 - 15:00	The great cannabis debate	Dr. Ahmed Yousif
15:00 - 15:30	The Link between Substance Use and Psychosis	Dr. Mohamed Hashad
15:30 to 15:45 - Coffee Break		
15:45 - 16:15	Addiction in Athletes	Dr. Muez Siddig
16:15 - 16:45	Case discussion: Schema therapy for sex addiction	Dr. Ahmed Mahmoud
16:45 - 17:15	Internet addiction and gaming disorders	Dr. Michael Yousef
17:15 to 17:30 - Question & Answer		
17:30 to 17:45 - Closing		





**DAY 2 - Sunday, 28 January 2024**

**14:30 - 17:30**

**Hall 2A:**

Workshop 1: Trauma and Interpersonal Violence/ Ewaa

**Moderators:**

**Ms. Susan Patridge**

Time	Topic	Speaker
14:30 - 15:45	Trauma and Interpersonal Violence	Dr. Amy Lee Mr Gareth Bloomfield
15:45 to 16:00 - Coffee Break		

**Hall 2A:**

Workshop 3: Care Givers/ Parents Education  
(Autism and Neurodisability)

**Moderators:**

**Dr. Salwa Salem Khalaf Al Hosani**

Time	Topic	Speaker
16:00 - 17:15	Care Givers/ Parents Education (Autism and Neurodisability)	Dr. Fatima AlMansouri
17:15 to 17:30 - Closing		

**Hall 2B:**

Workshop 2: Integrated Mental Health and Primary  
Care Models: A Tale of Three Journeys

**Moderators:**

**Dr Latifa AlKetbi**

Time	Topic	Speaker
14:30 - 15:45	Integrated Mental Health and Primary Care Models: A Tale of Three Journeys	Dr. Kirsten Meisinger Dr. Elizabeth A. Davis
15:45 to 16:00 - Coffee Break		

**Hall 2B:**

Workshop 4: Bill Yule Recovery Techniques

**Moderators:**

**Dr. Hawraa Sameer Sajwani**

Time	Topic	Speaker
16:00 - 17:15	Bill Yule Recovery Techniques	Dr. Dennis Ougrin Ms. Anna Tarsenko
17:15 to 17:30 - Closing		



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